














# Saint Vincent de Paul Primary School

October 2022



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## 7th October 2022 Newsletter One

Dear Parents/ Guardians

I am delighted to introduce our first Newsletter of the year. There have been a few changes over the Summer including the appointment of Father Vincent Cushenhan as our new Parish Priest. We welcome him warmly to our school.

Communication with our families is so important We will still be using our usual ways to communicate with you through the Text messaging service, Newsletter, SEESAW, School Website and the School FACE-BOOK page. As always please make sure your contact details are up to date.

**Miss School- Miss Out!**  
**Give your child the best start in life**  
**Every School Day counts!**

It is important that your child attends school regularly. **ALL** absences must be recorded for the Department of Education and **EWS**. If you need to take your child out of school for a reason other than illness then a request form needs to be completed. Please use the holidays and Mid Term breaks to book holidays.

Halloween Mid Term Break: School closes on Friday 28<sup>th</sup> October at 12.30 and reopens on Monday 7<sup>th</sup> of November.

Any concerns or queries please contact the school. I thank you for your continued co-operation and look forward to working with you during this upcoming academic year.

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# Father Vincent visits Primary 6/7

Our Primary 6 and 7 children had some very interesting questions to ask Father Vincent. Here are some facts that we learned about our Parish Priest today:

Father Vincent supports Newcastle United

He knew he wanted to be priest when he was 7 years old

Father Vincent is from Portglenone

Father Vincent is from Portglenone.

Father Vincent was once a priest in Canada

Father studied in Maynooth

He studied for 6 years to be a priest

He is 41 years old

He has an older and younger brother

His dog was called Harley

If he wasn't a priest, he would be a lawyer

He has been a priest for 14 years

**He's not a fan of Manchester United**

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Father Vincent likes salads, rice and pasta



# School Attendance

## How to prevent your child from missing school

You can help prevent your child missing school by:

- having a routine from an early age and sticking it to it
- making sure your child understands the importance of good attendance and punctuality
- making sure they understand the possible implications for themselves and you as a parent if they don't go to school
- taking an interest in their education - ask about school work and encourage them to get involved in school activities
- discussing any problems they may have at school and letting their teacher or principal know about anything that is causing concern



not letting them take time off school for minor ailments or holidays during term time

To avoid disrupting your child's education, you should arrange (as far as possible), appointments and outings:

- after school hours
  - at weekends
- during school holidays

## Term time holidays

Term time holidays have been increasing over the last number of years. Parents should make every effort to make sure that their child does not miss school due to holiday plans. Schools are not obliged to agree to you taking your child on holiday during term time. They are entitled to record such holidays as being an unauthorised absence.







**30<sup>th</sup> September 2022**

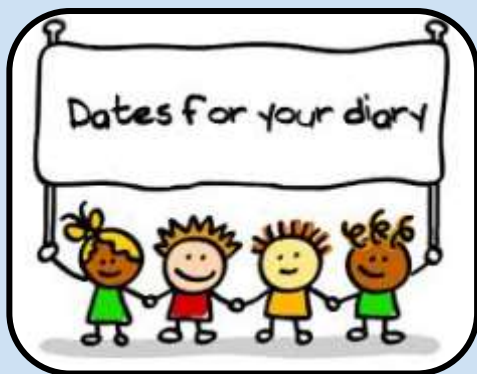
### **Communication Statement New School Update**

We are delighted to inform our School Community that the new school build has been approved at Stage 2. This means we are now at Stage 3 which means the design can progress to planning. You will be invited to Public Consultation Events in the upcoming future.



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Event	Date
Exceptional School Closure	14th October 2022
Halloween Spooktacular	27th October 2022
Halloween Mid-Term Break	Monday 31st—4th November

# School Holidays

## 2022/23

School Development Day	Friday 14 <sup>th</sup> October
Halloween Mid Term Break	Monday 31st October-Friday 4 <sup>th</sup> November
School Development Day	Friday 09 <sup>th</sup> December 2022
Christmas Holidays	Thursday 22 <sup>nd</sup> December-Wednesday 4th January 2023
New Term starts	Wednesday 4th January 2023
Half Term Holiday	Monday 13 <sup>th</sup> February-Friday 17th February 2023 (5 days)
St Patrick's Day Holiday	Friday 17 <sup>th</sup> March
Easter Holidays	Friday 07 <sup>th</sup> April-Friday 14 <sup>th</sup> April 2023
New Term begins	Monday 17 <sup>th</sup> April 2023
May Bank Holiday	Monday 2 <sup>nd</sup> May
May Bank Holiday/Mid Term	Thursday 25 <sup>th</sup> May - Wednesday 31 <sup>st</sup> May 2023
Last Day of Term	Friday 30 <sup>th</sup> June 2023 School finishes at 12.00

Please note \*School Development days may be subject to change.  
PLEASE USE THE WEEKS IN OCTOBER AND FEBRUARY TO AVAIL OF FAMILY HOLIDAYS.

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# World Mental Health Day

toolkit



[AyeMind Check-In](#)



[Sleep](#)



[Social Media](#)



[Body Image](#)



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NEW LODGE ARTS & ARTSEKTA  
PRESENTS

# MULTICULTURAL FAMILY FUN DAY



MUSIC | DANCE | FOOD  
ARTS & CRAFTS | PERFORMERS

S A T U R D A Y

8th

O C T O B E R

12pm-3pm

A L E X A N D R A P A R K  
B E L F A S T

FREE ENTRY  
ALL WELCOME



A project supported by the European Union's PEACE IV Programme, managed by the Special EU Programmes Body (SEUPB).



Belfast  
City Council



ashton  
Supporting  
Youth, Belfast

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## WINTER COAT PROJECT

Call in for tea/coffee and to pick up your free winter coats, hats, scarves and gloves

### LOCATIONS IN NORTH BELFAST

#### St Michael's Church of Ireland

Craven Street, Shankill Road, BT13 1JJ

Friday 30th September 10.30am-6.30pm

#### Seaview Presbyterian Church

90 Shore Road, BT15 3QA

Thursday 6th October 10am-8pm

Friday 7th October 10am-5pm

#### Shankill Methodist Church

267 Shankill Road, BT13 1FT

Saturday 8th October 10am-2pm

#### The Vine Centre

193 Crumlin Road, BT14 7AA

Friday 14th October 10am-2pm



@rocnorthernireland

**ROC**  
NORTHERN  
IRELAND

## WINTER COAT PROJECT

Call in for tea/coffee and to pick up your free winter coats, hats, scarves and gloves

### WHERE?

#### Glengormley Methodist Church

1 Glencairn Drive,  
Glengormley,  
Newtownabbey  
BT36 5EP

### WHEN?

Saturday 8th October

10am - 2pm

Babybank will also be giving  
out Winter Packs

### WHILST STOCKS LAST!

@Baby Bank - Glengormley and Newtownabbey



@GlengormleyMethodistLife

@rocnorthernireland

**ROC**  
NORTHERN  
IRELAND

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# Free School Meals and Uniform Allowance

Are you waiting on expected approval for a Free School Meals or Uniform Allowance application for your child/children? Please read below.



## You Must Apply Every Year

You must reapply every year and include all children for whom you have parental responsibility and who will be full-time at school or Regional/FE College. Ensure that you upload the correct documents with your application.



## Not heard from us? Check the status of your application in your account

If you submitted your application **more than four weeks ago** but have not received confirmation that your child/children will receive Free School Meals and Uniform Allowance, first check your email including your junk folder. If you have not received an email, contact us at **mealsanduniform@eani.org.uk**, quoting your National Insurance Number and your submission ID.



## Applied within the last four weeks

If you have applied in the past four weeks you will receive an email from us shortly. It can take up to four weeks to process an application. Thank you for your patience.

[www.eani.org.uk/fsm](http://www.eani.org.uk/fsm)





Belfast Health and  
Social Care Trust

caring supporting improving together



Dear Parents/ Guardians

We are delighted to share this news with you. Saint Vincent de Paul Primary School will be part of a two-year pilot programme called:

**THE ENHANCE SCHOOL NURSING PROGRAMME.**

This means that our School Nurse Angela Evans will work closely with our children and families who may need referral onto other agencies and services. She will also be delivering a range of health programmes and initiatives throughout the year.

Yours Sincerely

*Bronagh McVeigh*

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# Be Challenged

Feeling challenge can be difficult. Use these simple tips below to help your child get used to the feelings they have when they meet a challenge.



## Modelling

**We can model the best ways to manage stress:**

- taking a deep breath
- walking
- connecting with a family member / friend
- open and honest conversations about feeling stressed / overwhelmed

## Exposure

**Allow children to experience small doses of stress / challenge:**

We shouldn't shelter our children from daily challenges as this does not support their ability to be resilient. We can encourage them to persevere and notice what they have learned and achieved!

## Risk Taking

**Allow and promote this especially within play:**

We are tempted to not allow our children to experience risk, but we can introduce risk gradually and safely. Remember this must be age and stage appropriate. Some examples of risky play include:

- climbing a tree
- wave jumping
- cooking / baking
- traditional street games
- moving at a high speed
- using tools to build / repair items

## Growth Mindset

**Foster a growth mindset with our children:**

Explore the idea that we may not succeed the first time we are challenged by something but that we need to have the mindset that we cannot do this YET! Celebrate with your child when they find something tricky as this means they are learning something new.

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Click to download the latest High Five Magazine produced by the EA Primary Behaviour Support Team.





ParentLine NI offer a FREE confidential helpline for parents and carers throughout NI.



HELPLINES ARE OPEN

Mon – Thurs 9am – 9pm

Fri 9am – 5pm

Sat 9am – 1pm

**Call 0808 8020 400**

(Calls are FREE from all UK landlines and mobiles)

What you can expect from a call:

- You will be asked what you want to talk about and what you need from the call.
- You may be offered helpful resources or strategies to further support you.
- You may be signposted to other community services if appropriate.
- You may not have a question to ask, but simply need a space to feel heard and understood.

WHAT'S ON?

FEATURED PODCASTS

- "How Do We Build Resilience In Ourselves And Our Children?" with Ed Sipler
- Parenting in an Online World with Wayne Denner
- Anxiety Based School Avoidance with Strive NI
- ADHD – The Facts and More
- Autism – The Facts and More – Part 1
- Communicating and Connecting with Teens



Click here to access  
the podcasts

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Click to download the latest  
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Support Team.



# Theraplay Informed Activities

Theraplay informed activities are play based activities designed to focus on strengthening relationships, and create a playful and caring atmosphere that fosters joyful shared experiences. These activities will involve many fun games and a shared small, healthy snack. These activities are personal, physical and fun – a natural way for everyone to experience the healing power of being together.

## Structure Activity

The idea is to relieve the child of the burden of maintaining control of interactions. The child set limits, defines body boundaries, keeps the child safe, and helps to complete sequences of activities.



## La La magnets

You and your child sit opposite each other with your hands together in the middle. Swing them from side-to-side singing 'la la la' then adult says a body part and you match them together (for example, thumbs, put your thumbs together like magnets / noses, put your noses together like magnets).

## Engagement Activity

The idea is to establish and maintain a connection with the child, to focus on the child in an intense way and to surprise and entice the child into new experiences.



## Foil prints 2

Use tin foil to make impressions of different body parts (make a robot glove with foil using your child's hand. Can you make them a robot leg by wrapping foil around their leg? Etc.

## Nurture Activity

The idea is to reinforce the message that the child is worthy of care and the adults will provide care without the child having to ask.



## Pretend face / body paint

Using soft brushes or cotton wool again, pretend to paint your child's face / hand / foot. Ask them what they would like to be painted as. Talk about the pretend colours you are using. Again, this should feel relaxing and soothing.

## Challenge Activity

The idea is to help the child feel more competent and confident by encouraging the child to take a slight risk and to accomplish an activity with adult help.



## Ballon Bop

Sit or stand for this activity. "Bob" the balloon back and forth, keeping it up in the air. Count the number of "bops" before it hits the ground. Try again to see if you can better the score

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Click to download the latest High Five Magazine produced by the EA Primary Behaviour Support Team.





# Class News P1 Ms. Glover



So  
much  
fun n  
big P1





# Class News P1 Ms. Glover



So  
much  
fun n  
big P1





# Class News P1 Ms. O'Rawe



We have had so much fun starting  
Primary One



PIC•COLLAGE



# Class News P1 Ms. O'Rawe



We have had so much fun starting  
Primary One



PIC•COLLAGE



# Class News P2 Mrs. McLaughlin



**WELCOME  
BACK TO  
SCHOOL  
P2L**



**PIC•COLLAGE**



# Class News P2 Ms. Jamieson

**LEARNING IS FUN  
IN P2J**





# Class News P3 Mrs. Hair





# Class News P3 Mrs. Hair





# Class News P3 Ms. Kearney





# Class News P4L Mr. Wisdom





# Class News P4/5 Mrs. McGrogan



P4/5 making  
their dreams  
for the new  
school year



PIC-COLLAGE





**P4/5 having fun  
making  
friendship  
bracelets**





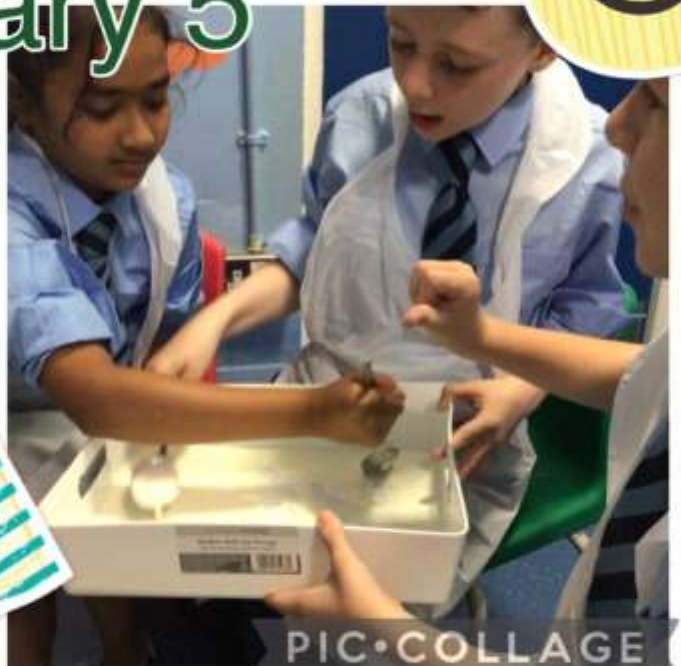
# Class News P5 Ms. O'Kane



Fun



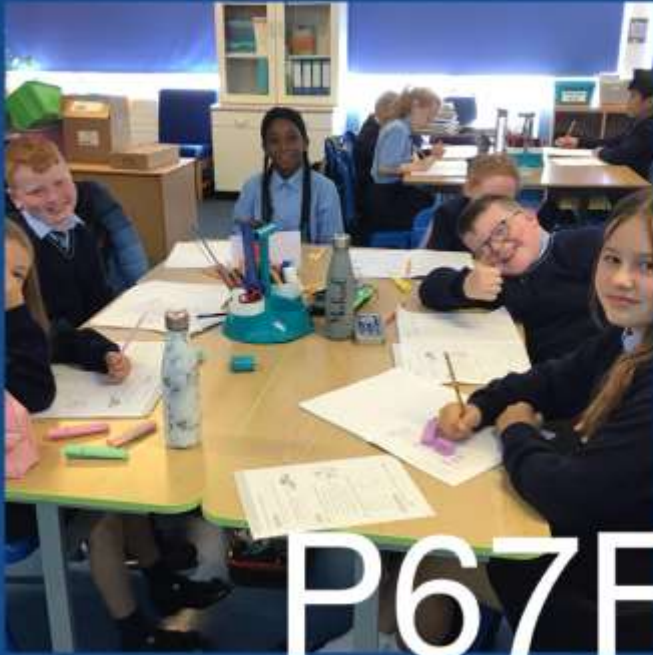
Back to school  
Primary 5



PIC•COLLAGE



# Class News P6/7 Mrs. Forte



P67F



PIC•COLLAGE



# Class News P6/7 Mrs. McGrath





# Class News P7 Mrs. McFarland

**A trip to the park 🌲**



**Fun in PE 🏃**



**Back to school 💙 📚 🖍️**



**Fun in maths 🧮**



**Team of the Week ★**



**PIC•COLLAGE**