

1 Principal Letter 5
2 New School Site Update 5
3 Dairy Dates 5
4 High Five - Inspire, Support & Challenge 5
5 NI Library—Gadgeteers 5
6 Free School Meals & Uniform Grant 5
7 School Holiday List 2022/23 5
8 Infant Mental Health 5
9 Class News 5

Click to link to Parish of Saint Vincent de Paul.











June 2022





Dear Parents,

I hope that our final Newsletter of the school year finds you well. It's hard to believe that we are at the end of another academic year. It has been a pleasure to watch our pupils continue to grow and develop.

With the passing of time comes change and this year there will be a few changes to staff. Sadly, we are saying goodbye to Mrs Blair, Mr Carter, Miss Doherty. We thank them for their service to the pupils of our school and wish them every success for the future.

It is with great sadness that I also say goodbye as I move to take on an advisory role within the Education Authority. I can honestly say that I have loved working with the children and families of Saint Vincent de Paul Parish. It has been a pleasure supporting you all and I do hope that you felt that I worked hard and made a difference.

I will take away many fond memories that I will always cherish both the tears and the laughter.

As the school moves towards its new chapter, I feel it's time for someone else to serve you as Principal. I leave behind a wonderful team of people who genuinely care for your children and the legacy of land and new school design. Both combined will bring education in Ligoniel to a whole new level.

In the words of Mother Theresa "I can do things you cannot, you can do things I cannot, together we can do great things."

I wish you and the community of Ligoniel, your families and your children, health, happiness and God's blessing.

Every best wish

Bronagh McVeigh





New School Site

Announcement

The Trustees and Board of Governors of Saint Vincent de Paul Primary School are delighted to announce that a site has been purchased and acquired on Mill Avenue for the new build of Saint Vincent de Paul Primary School. The purchase of this site secures the future of the school in the Parish of Saint Vincent de Paul, Ligoniel. We are all committed to enable the work on the design of our new school to progress with immediate effect.







Date	Event
24th June	School Awards & Fun Day
	School closes at 12pm
30th June	Last day of school term.
	School closes at 12pm



Be Loving To Yourself and Others

Being kind and loving to ourselves is essential if we are to be able to show care and love to the most important people in our lives, and be effective in all the things we do. Often, our lives are so busy that we fail to acknowledge our capabilities and recognise the many wonderful things that we achieve!

Being loving to ourselves means recognising our feelings and tending to our own needs. In doing so we prepare ourselves to deal with daily challenges, have plans to follow our interests and goals and feel a sense of pride in who we are.

We've thought of lots of easy ways that we can be loving to ourselves. Practicing and modelling these for our children can help them to develop self-confidence, resilience and happiness so that they can be the best that they can be.



Inspire...



Show your child how to be loving to themselves by doing things that help you to stay calm and focused. That could be starting to read a new book, spending time outdoors, taking a break from work for a cup of tea or coffee or a chat with someone, listening to favourite music, having a relaxing bath, baking something you love to eat!



Contents Page 🕞

Click to download the latest High Five Magazine produced by the EA Primary Behaviour Support Team.



Be Loving To Yourself and Others



Support...



Help your child to recognise and practice things that make them feel good about themselves:

- ·Talk about good things that happened today.

 Congratulate them on at least one thing they have achieved. Encourage them to find something to feel proud of.
- Share 3 things each that you are grateful for right now.
- ·Schedule family time to relax.
- ·Model thanking someone for something they have helped you with today.
- Explore a range of activities with your child to discover their interests: sports football, swimming; cooking, reading, painting etc. Highlight your child's talents and strengths and encourage them to take time do the things they love!
- Encourage your child to show a small act of kindness to someone else.... Hold a door for someone, tell someone why they are special, share something they have with a friend, give a family member a hug, ask someone new to play.

Click to download the latest High Five Magazine produced by the EA Primary Behaviour Support Team.





Be Loving To Yourself and Others



Challenge...



We all have a need to feel loved, and showing kindness and love to others is good for our emotional wellbeing, - we feel better for doing it! There are lots of quick and easy ways we can encourage our children to be loving to others:

- ·Pay someone you are with a compliment today
- ·Play someone else's favourite game
- Notice someone who looks sad or lonely smile and say hello, sit beside them and ask them how they are feeling
- ·Offer to do a small chore for someone at home, set the table, make their bed, tidy up, feed pets / walk the dog, wash the car
- Say thank-you to someone for something they have done
- ·Make a card for someone to let them know you are thinking of them
- Spend time with someone you care about. This could be watching a favourite tv programme, playing a game, helping with a chore
- ·Say sorry if you do something wrong
- ·Tell someone in your family how much you love them

Click to download the latest High Five Magazine produced by the EA Primary Behaviour Support Team.







Click to Find Out More.





Free School Meals and Uniform Allowance

https://freeschoolmealsanduniforms.eani.org.uk/

Applying Online for free School Meals / School Uniform / Physical Education Clothing applications for 2022/23 school year.

The Education Authority are experiencing a high volume of activity with Free School Meals and Uniform Allowance applications. They are having issues with the new system at the moment but hope all will be in working order next week!

The process has changed for 2022/23 and you are now required to register and create an account before applying.

No paper applications available this year and all applications must be done online.

The application must be made by the person receiving benefits who is named on the Proof of Benefit Letter / Tax Credits Award Notice / Universal Credit Payments Breakdown.

Please include in your application all children for whom you have parental responsibility and who will be attending full time at school or Regional/FE College.

EA will review the information provided and will inform you of their decision within 4 weeks.

If you have not submitted the correct information they will email you, please check your email junk or spam folder.

You have until the end of July 2022 to apply with correct documentation to ensure your application can be processed before the start of the new school year.

Ensure you have all the information ready which you need to apply.



School Holidays

2022/23

	Tuesday 30 th August/Wednesday 31 st August
New Term Starts	Half Day (NO SCHOOL DINNERS)
	1 st - 2 nd September
	(school dinners available)
School Development Day	Friday 14 th October
Halloween Mid Term Break	Monday 31st October-Friday 4 th November
	5 Days
School Development Day	Friday 09 th December 2022
Christmas Holidays	Thursday 22 nd December-Wednesday 4th January 2023
	School finishes at 12.00 on Thursday 22 nd December
New Term starts	Wednesday 4th January 2023
Half Term Holiday	Monday 13 th February-Friday 17th February 2023 (5 days)
St Patrick's Day Holiday	Friday 17 th March
Easter Holidays	Friday 07 th April-Friday 14 th April 2023
	School finishes at 12.00 on Thursday 07 th April
New Term begins	Monday 17 th April 2023
May Bank Holiday	Monday 2 nd May
May Bank Holiday/Mid Term	Thursday 25 th May - Wednesday 31 st May 2023
Last Day of Term	Friday 30 th June 2023
	School finishes at 12.00

Please note *School Development days may be subject to change.

PLEASE USE THE WEEKS IN OCTOBER AND FEBRUARY TO AVAIL OF FAMILY HOLIDAYS.



Infant Mental Health Awareness



Click here to view video

The NI Mental Health Champion, Professor Siobhan O'Neill recorded a short video last year aimed at parents of young children (approximately age 0-4, although not age specific). She provides simple tips to parents/carers about what they can do to support their children's emotional health and wellbeing, and talks about how to encourage young children to express their feelings and the importance of self-care for parents/carers. She also draws on her experience as a parent of a young child.





Learn more about Early Child Mental Health by clicking here.

Class News Nursery Ms Donnelly





Nursery **Sports** Day!

PIC.COLLAGE

















Class News Nursery Ms Donnelly







PIC-COLLAGE























Class News P1 Ms. Glover



Class News P1 Ms. Glover



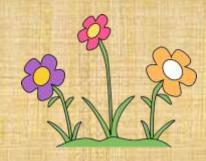
Class News P1 Ms. O'Rawe



Class News P1 Ms. O'Rawe







Class News P2 Mrs. McLaughlin













P2 Trip to Colinglen





Class News P2 Mrs. McLaughlin



















P2L Sports Day





Class News P2 Ms. Jamieson

























Class News P2 Ms. Jamieson

P2J School Trip to Colin Glen Park













PIC.COLLAGE

Class News P3 Mrs. McGrogan





Class News P3 Mrs. Lally







Class News P3 Mrs. Lally





Class News P4/5 Mrs. Hair



Class News P4/5 Mrs. Hair



Class News P5-6 Mrs. Forte

School Sports Day













Class News P5-6 Mrs. Forte











Class News P4 Ms. O'Kane



Class News P4 Ms. O'Kane









Class News P5-6 Mrs. McGrath













PIC.COLLAGE

Class News P5-6 Mrs. McGrath













Class News P6/7 Mrs. Walsh

P6/7 W – We had a very busy year: Jujitsu with Joe, celebrating different cultures, fishing and having a great time during our Sports Day.





















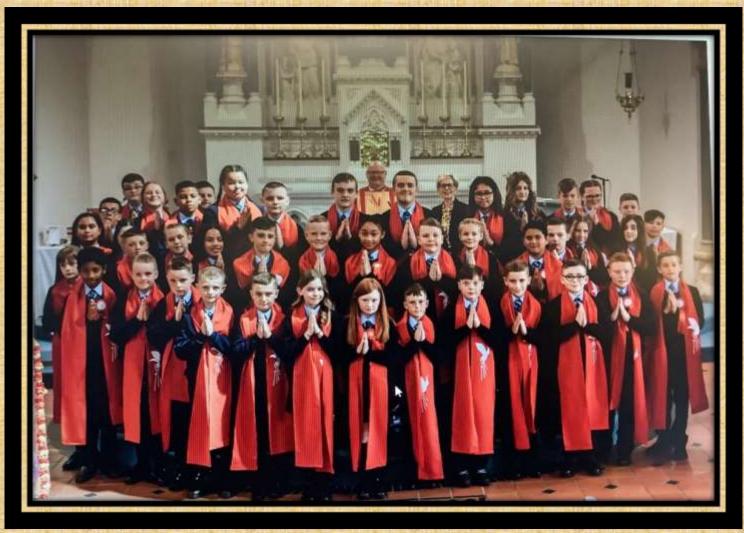






Class News P6/7 Mrs. Walsh







Class News P7 Mrs. McFarland





Class News P7 Mrs. McFarland



