

# PlayBoard Parent Workshop

## PlayBoard NI - OUR Generation programme Parents/carers information

PlayBoard NI is the lead organisation for the development and promotion of children and young people's play in Northern Ireland. PlayBoard's OUR Generation team are delighted to be working with St Vincent de Paul Primary School on our exciting new Spaces to Be Project.

Our focus is on the critical role of play as a means of supporting both the development of childhood resilience and as a mechanism for positively addressing differences. Using play, we will support the development of resilience in children by recognising and celebrating difference, in turn supporting children's positive mental health and well-being.

In partnership with St Vincent de Paul Primary School we invite you to come along to a parents/carers session on:

**Tuesday 23 November 2021**

**9:30 - 11:00am**

**Main Hall, St Vincent de Paul PS**

This session will be engaging, interactive, and give parents/carers time for a chat while we look at topics such as:

- OUR Generation project and Spaces to Be Toolkit
- The playwork approach
- Adversities and trauma
- How play can help
- How we respond to stress
- Self-care tools
- Play and resilience



Please confirm your place on the *Spaces to Be Parents Programme* by calling the school office on 028 9071 7920 or letting your child's class teacher know no later than Tuesday 16 November.

For further information contact Roberta Johnson  
E: [Roberta.johnson@playboard.co.uk](mailto:Roberta.johnson@playboard.co.uk) or T: 028 9080 3380.



[Click Here to Reserve a Place](#)