

St Vincent De Paul P1 P2 P3

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Oven baked pork Sausages Baked beans Mash potatoes Creamed Rice Pudding Fresh Fruit Salad	Pasta Bolognaise Fruit Sponge & Custard	Salmon Fish cakes Peas/Sweet corn Chips/mashed Potatoes Flake meal Biscuit Raspberry Milkshake Fresh Fruit	Roast Chicken * Stuffing Carrots/broccoli/Gravy Oven Roast & Mash Potato Strawberry Jelly & Fruit	Vegetable Soup * Beef Burger & Bap Coleslaw/Salad Frozen Strawberry Mousse & Fresh Fruit
Week Two	STEW * Flake Meal Biscuits Fresh Fruit & Milkshake	Mild Chicken Curry Boiled Rice & Naan Bread Chocolate Sponge & Custard	Roast Gammon/ Gravy * Cabbage Oven Roast & Mashed Potatoes Selection of Yoghurts Fresh Fruit Salad	Sausage Meat Pie Baked Beans Mashed potatoes Fruit Muffin Fresh Fruit & Milk	Cod Fish Fingers Peas/Salad/Coleslaw Chips/Jacket Potatoes Fruit Crumble Custard
Week Three	Pasta Bolognaise * Creamed Rice Pudding Fresh Fruit Salad	Chicken Fillets * Gravy Carrots/Sweet Corn Mashed Potatoes Raspberry Jelly Fruit Cocktail	Whiting Fillet in a Crumb Coating Baked Beans Chips/Baked Potatoes Arctic Roll Fresh Fruit	Roast Beef / Stuffing & Gravy Broccoli Oven Roast & Mash Potatoes Jam & Coconut Sponge Custard	Vegetable & Chicken Soup Hotdogs Salad/Coleslaw Frozen Mousse & Fruit/Milk
Week Four	Chicken Nuggets Beans/Coleslaw Chips/Jacket Potatoes Selection of Yoghurts Fresh Fruit Salad	Beef Burger & Gravy Carrots Mashed Potatoes Date Fudge Custard	STEW Chocolate Sponge & Custard	Roast Turkey/Stuffing * Carrots/Broccoli/Gravy Oven Roast/Mashed Potatoes Vanilla Ice Cream/Pears & Chocolate Sauce	Fish Fillet Shapes * Sweet corn/Gravy Mashed Potatoes Flake Meal Biscuit/Fruit Strawberry Milkshake

school food

Try Something New today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk
and Water are available daily

If you require any additional
Information on allergens or Special
diets please contact the school in the
first instance



St Vincent De Paul P4 P5 P6 P7

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Oven baked pork Sausages Baked beans Mash potatoes Sweet Chilli Chicken & Noodles Creamed Rice Pudding Fresh Fruit Salad	Pasta Bolognese Seasonal Salad Mixed Vegetables Mashed Potatoes Beef Casserole Fruit Sponge & Custard	Salmon Fish cakes Peas/Sweet corn Chips/mashed Potatoes Fish Coddie's Flake meal Biscuit Raspberry Milkshake Fresh Fruit	Roast Chicken * Stuffing Carrots/broccoli/Gravy Oven Roast & Mash Potato Strawberry Jelly & Fruit Vanilla Ice Cream	Vegetable Soup * Beef Burger & Bap Coleslaw/Salad Chicken Wrap Frozen Strawberry Mousse & Fresh Fruit
Week Two	Savory Mince Beef * Carrots & Parsnips Mashed Potatoes Beef Stew Flake Meal Biscuits Fresh Fruit & Milkshake	Mild Chicken Curry Boiled Rice & Naan Bread Chicken Casserole Sweet Corn Mashed Potatoes Chocolate Sponge & Custard	Roast Gammon/ Gravy * Cabbage Oven Roast & Mashed Potatoes Selection of Yoghurts Fresh Fruit Salad	Sausage Meat Pie Baked Beans Mashed potatoes Chicken/Tuna Baguette Fruit Muffin Fresh Fruit & Milk	Cod Fish Fingers Peas/Salad/Coleslaw Chips/Baked Potatoes Chicken Pasta Bake Fruit Crumble Custard
Week Three	Pasta Bolognese * Medley Mixed Vegetables Mashed Potatoes Beef Casserole Creamed Rice Pudding Fresh Fruit Salad	Chicken Fillets * Gravy Carrots/Sweet Corn Mashed Potatoes Chicken Curry & Boiled Rice Raspberry Jelly Fruit Cocktail	Whiting Fillet in a Crumb Coating Baked Beans Chips/Baked Potatoes Cheese & Tomato Pizza Arctic Roll Fresh Fruit	Roast Beef / Stuffing & Gravy Broccoli Oven Roast & Mash Potatoes Jam & Coconut Sponge Custard	Vegetable & Chicken Soup Hotdogs Salad/Coleslaw Chicken/Tuna Baguette Frozen Mousse & Fruit/Milk
Week Four	Chicken Nuggets Beans/Coleslaw Chips/Jacket Potatoes Cheese & Tomato Pizza Selection of Yoghurts Fresh Fruit Salad	Beef Burger & Gravy Carrots Mashed Potatoes Lasagne/Salad Wheaten Bread Date Fudge Custard	Beef & Vegetable Casserole Boiled Rice Mixed Vegetables Mashed Potatoes Savory Minced Beef Chocolate Sponge & Custard	Roast Turkey/Stuffing * Carrots/Broccoli/Gravy Oven Roast/Mashed Potatoes Vanilla Ice Cream/Pears & Chocolate Sauce	Fish Fillet Shapes * Sweet corn/Gravy Mashed Potatoes Chicken Casserole Flake Meal Biscuit/Fruit Strawberry Milkshake

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